

## EVALUATION SUMMARY

Western Section AUA

Monday, October 27, - 10:00am - 12:30pm

PREP COURSE #4 - Cystitis - Complementary and Alternative Therapies for Bacterial Cystitis and Overview of Diagnosis and Treatment of Interstitial Cystitis.

	Scale: = POOR / ADEQUATE / EXCELLENT				
	1	2	3	4	5
PROGRAM OBJECTIVES	Total Pts	# Returned	Total Ave Score		
List current complementary and alternative therapies used for prevention of bacterial cystitis.	156	35	4.46		
Assess mechanisms of action proposed for prevention of UTI.	151	35	4.31		
Discuss current therapies for Interstitial Cystitis concepts related to its diagnosis.	149	35	4.26		

### OVERALL EVALUATION

Increased Awareness of Subject	157	35	4.49
Will Influence How I Practice	148	35	4.23
Helped Me Improve Patient Care	150	35	4.29
Was Educationally Sound and Scientifically Balanced	156	35	4.46
Avoided Commercial Bias or Influence	160	35	4.57

### Points that will influence the way I will practice:

Learned appropriate options for different urinary symptoms.

Treatment of IC.

First talk will help me discuss alternative therapies with patients. IC talk gave me helpful framework for IC evaluation and treatment.

Use of manual PT for IC.

IC is often a chronic pain syndrome.

Understand demographics better, cranberry stuff not too helpful or practical.

I can discuss cranberry supplementation with more scientific knowledge. IC lecture parallels my current practice.

I will stop recommending probiotics.

Differentiating PBS from pelvic floor dysfunction.

### PRESENTERS

<b>Lynn Stothers, M.D.</b>			
presenter demonstrated current knowledge of topic	160	35	4.57
<b>Christopher Payne, M.D.</b>			
presenter demonstrated current knowledge of topic	154	35	4.40

### Comments about speakers/course content:

Herbal lecture too scientific, need more practical applications/recommendations.

Speaker good/subject not worth time spent.

Difficult to follow handout/slides with very detailed lecture regarding anthocyanics.

Handouts easier to follow when in slide/note format rather than written outline.

Interesting and personal approach, good philosophy of therapies.

**Recommended topics for future meetings:**

Botanicals in all of urology (e.g.. Prostate, stones, cancers, etc.)

Broad review of more supplements used for bladder and prostate disorders.